### Business and Professional Women/TN

#### From the President;

I must admit that I recently had a "Duh!" moment. You know what I mean. One of those times when you should have known what to do but it just didn't occur to you? In my case, it happened at a recent BPW Rockwood meeting where the speaker was Sarah Tinch, Veterans Benefit Representative with the State of Tennessee Department of Veterans Affairs. She gave an excellent program after doing her research about the history of BPW and comparing it to women's historical milestones, related to veterans and others. She told us that she wasn't all that familiar with BPW prior to being asked to speak at the meeting, but after checking us out and checking the Mentoring Plus program that Foundation offers, she told us of a mentor that helped her when she got out of the Navy after 21 years of service, and how important that person was in her successful transition to being a civilian. I wish I could say that the woman who helped Sarah was a BPW/TN member, but it did start me thinking about what I could, and should, be doing locally.

Steeped in Tradition—We are

For the Future of BPW!!

**P**rogressing, and

Working

**B**uilding

Perhaps I should explain that my job after moving to Tennessee was Director of a mentoring program here in Crossville. I recruited mentors, trained them, and networked with other programs around the country. That's why I should have been a little more ready to see how I could be a participant in a signature program of BPW Foundation such as Joining Forces Mentoring Plus. I thought as state president I can promote it, but since there is no military base near Crossville, and as far as I knew the only members of our local National Guard unit were men, there wasn't much I could do. Not so! Being a mentor just means being available to share your knowledge, advocacy, friendship, or whatever is needed at the time. I've actually been mentoring the same young lady for the last 8 ½ years. She is now a junior in high school, and I've been many things to her over the years, but most of all I've been a friend to her when she needed me. It's probably one of the most rewarding things I've ever done, and after working for a school district for 25 years, I have had many joys working with kids.

It's the same with helping other women who need a helping hand. Part of our responsibility as a BPW member is to mentor those who could benefit from our knowledge and experience. We have a wealth of both in this organization, but are we using it effectively? Reaching out to women who need our help could reap benefits to both the women we help, but an unexpected benefit to BPW/ TN could be a new way to recruit members! As I used to tell the mentors I trained for my program, we will probably get as much out of the experience as they do.

Check out the BPW Foundation website for more information on how to be a mentor. Be open to learning about women who need help in your area. Help us when we participate in the  $2^{nd}$  Tennessee Women Veterans Summit in April. You never know what an influence you may have in the life of someone else unless you give it a try.



Terri Curran, President, 2012-2013

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#### **Tennessee Happenings**



Business and Professional Women/TN

#### **Region I, District 2 Meeting**

The Region I, District 2 planning meeting was held in Rockwood on August 4, with District Director Jean Loveday presiding. Using a theme of Go Wild for BPW!, the planning meeting had 18 members in attendance. Local Organization presidents gave reports on plans for the 2012-13 organization year, 50 year and 25 year members were recognized, and a short report on the retreat held in July was given. The long-time members commented on why they have stayed in BPW and what benefits they receive from membership. In addition to the members of District 2 there were several visitors from Region II and Regional Director Phyllis Clingner in attendance.

Jean Loveday. Region I, District 2 Director

# 2013 Spring Region Meetings:Region IIIMarch 9thRegion IIMarch 16thRegion IMarch 23rd

**Greater Nashville BPW** adopted the Renewal House as it's community project for this 2012-2013 BPW year. Donations to their incentive store has been made and in February we will donate 41 valentine goodie bags and Roses to the current participants.

In a community with addicted mothers and their children, Renewal House fosters healing, resiliency, and continuing recovery to enhance family health .

Renewal House operates under 5 key Values: Responsibility Honesty Respect Spiritual Connection Desire for Continuing Development

info@renewalhouse.org

Renewal House preserving families affected by addiction

BPWTN-BPWT

#### Presidential Proclamation -- National Slavery and Human Trafficking Prevention Month, 2013

BY THE PRESIDENT OF THE UNITED STATES OF AMERICA

This month, we rededicate ourselves to stopping one of the greatest human rights abuses of our time. Around the world, millions of men, women, and children are bought, sold, beaten, and abused, locked in compelled service and hidden in darkness. They toil in factories and fields; in brothels and sweatshops; at sea, abroad, and at home. They are the victims of human trafficking -- a crime that amounts to modern-day slavery.

As Americans, we have long rejected such cruelty. We have recognized it as a debasement of our common humanity and an affront to the principles we cherish. And for more than a century, we have made it a national mission to bring slavery and human trafficking to an end.

My Administration has been deeply commited to carrying this legacy forward -- beginning with trafficking that happens on our own shores. We have strengthened protections so all workers know their rights, expanded efforts to identify and serve domestic victims, devoted new resources to dismantling trafficking networks, and put more traffickers behind bars than ever before. In the months ahead, we will continue to take action by empowering investigators and law enforcement with the training they need, and by engaging businesses, advocates, and students in developing cutting -edge tools people can use to stay safe. We will invest in helping trafficking victims rebuild their lives. And as one of the world's largest purchasers of goods and services, the Federal Government will keep leading by example, further strengthening protections to help ensure that American tax dollars never support forced labor.

Our commitment to stopping human trafficking does not end at our borders. As a leader in the global movement to combat this scourge, the United States has renewed sanctions on governments that harbor the worst offenders. We have partnered with groups around the world to help men, women, and children escape their abusers. And recognizing that no country can meet this challenge alone, we have aided others in addressing modern slavery's root causes, and encouraged nations across the globe to pass comprehensive anti-trafficking laws. enforce them rigorously, and care for survivors

We know the road ahead is long, and change will not come easily. But as we renew our pledge to erase modern forms of slavery from the face of this earth, let us also draw strength from the movements of the past. We recall the words of the Emancipation Proclamation -- that every life saved is "an act of justice," worthy of "the considerate judgment of mankind, and the gracious favor of an Almighty God." We reflect on the Amendment that wrote abolition into law, the decades of struggle to make its promise real, and the Universal Declaration of Human Rights that has drawn nations together in the pursuit of equality and justice. These achievements once seemed impossible -- but on this day, let us remember that they were not, and let us press on toward the future we know is possible.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim January 2013 as National Slavery and Human Trafficking Prevention Month, culminating in the annual celebration of National Freedom Day on February 1. I call upon businesses, organizations, faith-based groups, families, and all Americans to recognize the vital role we can play in ending all forms of slavery and to observe this month with appropriate programs and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtyfirst day of December, in the year of our Lord two thousand twelve, and of the Independence of the United States of America the two hundred and thirty-seventh. **BARACK OBAMA**  <u>Equal Pay Day</u> Tuesday April 9th 2013

> This date symbolizes how far into 2013 women must work to earn what men earned in 2012.

Wear RED on Equal Pay Day to symbolize how far women and minorities are "in the red" with their pay!

On previous Equal Pay Days, grassroots organizing on fair pay swept local communities. Women's business and professional associations, labor groups, civil rights organizations and others committed to equal pay coordinated activities to raise awareness about how to solve wage inequity.

## **FEBRUARY is BPW Foundation**

In 1956 Business and Professional Women's (BPW) Foundation became the first 501(c)(3) research and education institution of national scope solely dedicated to issues that affect working women.

Today, BPW Foundation is transforming workplaces with women and employers. Through its groundbreaking research and unique role as a convener of employers and employees, BPW Foundation strives to redefine today's workplace. Collaboration and public-private partnership are critical to create successful workplaces.

Successful Workplaces are those that embrace and practice diversity, equity and work-life balance.

BPW Foundation's work influences, informs and educates Presidents, members of Congress, state officials, policymakers, employers and working women – making research and educational resources available that accurately portray the challenges faced by and the important role of working women.



Business and Professional Women's Foundation

#### Successful Workplaces

BPW Foundation began the Successful Workplaces Movement to collaborate with employers to transform and redefine today's workplace. It combines research, policy, resources and programming in order to create systemic change. Such change is necessary to build supportive and successful workplaces; and to break down the final barriers to the full participation of women in the workplace. Creating systemic, sustainable change requires the collaboration of employees, employers and policy makers.

#### Empowered Workforce

In order to create Successful Workplaces, the U.S. workforce must be productive, strong and skilled. To that end, the work of BPW Foundation supports workforce development. Specifically, BPW Foundation conducts research and produces programming that empowers the workforce.

BPW Foundation's research provides insight to employers and policy makers on the needs and challenges of key groups of working women with a variety of skills and educational attainment. BPW Foundation also provides programming to employers and employees in order to encourage discussion, improve productivity and create solutions, such as events, publications and online resources.

#### FOUNDATION INFO:

In order to support successful workplaces and an empowered workforce, Business and Professional Women's Foundation conducts research, shares knowledge and information as well as advocates. Our public resources provide insight to transform the workplace and inform the creation of best practices.

BPW Foundation also serves as a repository of resources for the betterment of workplaces and seek to expand the information base. We encourage employers, organizations, agencies and policy makers to submit your research, best workplace practices and real life suggestions on how to transform today's workplace. We will add them to the <u>Rawalt Online Resource</u> <u>Center</u>, a portal of information for and about working women and their families.

BPW Foundation has a track record of providing evidence-based resources and information in an effort to solve the workplace challenges of today and tomorrow.

#### <u>Issues:</u>

Business and Professional Women's Foundation is transforming the workplace with women and employers. Our role is to convene employees and employers to create solutions that improve the workplace for today's workforce. The work of BPW Foundation focuses on two issues: Successful Workplaces and Empowered Workforce.

www.bpwfoundation.org

#### Pledge \$50 today to help establish a mentoring relationship

Through your generosity, help a woman veteran or military spouse benefit from a mentoring relationship to help her with her job search, starting a business and on her path to a successful career. Monthly giving allows us to have a dependable base of support for ongoing mentoring relationships that directly impact the lives of women veterans and military spouses.

All donations are appreciated and will be used to support Joining Forces Mentoring Plus™. Click below to donate with PayPal or Donate by mail: BPW Foundation, P.O. Box 759189 Baltimore, MD 21275-7189

Working Women Helping Women Work<sup>TM</sup>



#### Winning Combinations

Joining Forces Mentoring Plus<sup>™</sup> gives working women - both veterans and civilians - the opportunity to tap their own experiences in the workplace, to help women veterans and military spouses successfully enter the workforce and advance in their careers. It provides women veterans and military and veteran spouses the tools and support necessary to assist them obtain meaningful employment in a career of interest to them.

#### Welcome to Joining Forces for Women Veterans and Military Spouses Mentoring Plus<sup>TM</sup>









**Business** and Professional Women's Foundation

Request for BPW Foundation Career Advancement Scholarship applications and criteria were

distributed last year after the annual conference. We received two applicants prior to the deadline date. Both applicants were students attending Union University in Jackson, TN pursuing a bachelor's degree in Organizational Leadership. However, based on established criteria, our applicants did not meet the requirements. The criteria states that the applicants must be pursuing a bachelor's degree in the fields of science, technology, engineering, or mathematics (STEM) or related field. In order to reach more young ladies, we must start the application process earlier to capture the attention of the university counselors at the beginning of the winter term (January). Once we lose this window of opportunity, the chance of reaching a good population of young ladies decline due to summer break.

To get started early, please email me at Hardemancountybpw@yahoo.com for an application package. Our goal is to announce our selected applicant at the annual convention in June.



Submitted by: Carolyn Beverly, Foundation Chairperson

#### FOR YOUR INFORMATION:

Keep the following BPW members in your Thoughts and Prayers: They need our support



Jan Bynum—Jackson Area BPW Karen Cradic-Nowell—Rogersville Brenda Risner—Lawrence County Phyllis Clingner—LaFollette Joy Turner— Member At Large Joyce Jones—Milan



Janice Eberhart, a former member of Cumberland County BPW has passed away. Janice was a (several time) past president and also a District Director at the state level.



#### Business and Professional Women/TN

#### NEW STATE BPW BROCHURE......

For those of you who were unable to attend Interim Board, we have developed a BPW/TN Brochure that is available to all clubs to use in their efforts to both recruit and spread the word about our organization. If you were unable to either be at the meeting, or were not represented, please let me know and I'll have Susan Jakoblew send you a supply. Please let me know if you'd like 25 or 50. Hopefully, this will be one more way to assist the locals clubs by using funds that were previously used to mail the Achiever.

We hope you find this a worthwhile alternative.

## 2012-2013

## NATIONAL WEAR RED DAY FEB.01.2013

Make It Your Mission to save lives. Together we can make a difference.





You can Make a Difference Despite the significant funds we've raised toward research and education, women are still dying from heart disease at the rate of one per minute. Along with our contributors and sponsors, we are committed to work with our lawmakers, the healthcare community, and the millions of women who have been personally touched by this disease. Make it your mission to fight heart disease in women today. Whether you contribute \$25 or \$2,500, you can help save women's lives.

www.goredforwomen.org



January 1 January 1 January 25 February 25 March March 8 March 9 March 16	BPW/TN UpComing Events   Happy New Year 2013   Deadline for Aspiring Leaders of Tomorrow Profile   Deadline for Newsletter submissions   Foundation Month   Deadline for Newsletter submissions   Women's History Month   International Women's Day   Region III Meeting   Region II Meeting	Very special Birthday Wishes for everyone having a Birthday in the Month Of January <u>B</u> est <u>P</u> ersonal <u>W</u> ishes This year and many more to come!
March 23 March 25 April 5 April 9 April 25 April 30 May 15 May 23	Region I MeetingDeadline for Newsletter submissionsDeadline for Nominations for State OfficeEqual Pay DayDeadline foe Newsletter submissionsDeadline for Award EntriesDeadline for ID Speak OffDeadline for Pres. Reports to be sent to State President	"I AM WOMAN, I BEND I DON'T BREAK!" -CHOZENWOMAN-
May 23 May 25 June 6-9	Deadline for Post Convention Reports to be sent to the President Elect. Deadline for Newsletter submissions State Convention	

-- Rev. Martin Luther King, Jr.

mies. Forgiveness is not an occasional act; it is a permanent attitude."

"We must develop and maintain the capacity to forgive. He who is devoid of the power to forgive is devoid of the power to love. There is some good in the worst of us and some evil in the best of us. When we discover this, we are less prone to hate our ene-



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Steeped in Tradition—We are Building Progressing, and <u>W</u>orking WAB for the Future of BPW



718 Thompson Lane Suite#108-323 Mashville, TN 37204

lsnoisssford Professional Women of Tennessee