

THE ACHIEVER

Business & Professional Women of Tennessee, INC.

Message From Your President

Lee Ann Gaddis

Here are a few things going on this month. Since 2004, February has been the month for the American Heart Association's Go Red For Women campaign and the message that heart disease is not only a man's problem. Staying active and eating healthy are some keys to help with this disease. Also, understanding the risk factors, especially genetics. My father's parents both died from heart disease. He and some of his sister's had heart attacks and survived due to research and being aware of their family history. Don't ignore this disease, talk with friends and family. This year, National Wear Red Day will be celebrated on February 7th. This month we recognize BPW Foundation, many members donate to this fund to help further interest and research in women's advancement. If you donate to this worthy cause make sure to contact Geraldine Wallick to let her know for awards in June.

We also recognize our own State Foundation Scholarship, we are conducting an online fundraiser through Jan Bynum with her Park Lane Jewelry. Also remember to contact Beth Bates or our chair Jacque Hillman when making donations for awards in June.

Be advised next month is Regional Meetings, your Directors will be having their meetings across the state. Information will be provided by them. We hope you can attend. Thank you for your time,

Lee Ann Gaddis

BPW/TN State President '19-'20

Rockwood BPW President '19-'20

2015-2016 BPW/TN Past State President



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REGION I MEETING

The Region I meeting will be held Saturday, March 21st at 12:00 pm at the Valley Forge Christian Church in Elizabethton, TN.

Linda Wood with the Johnson City Coalition will be the guest speaker on behalf of the Johnson City TN Suffrage Centennial Celebration. She will be speaking about the women's rights movement in

Johnson City, TN. For more information on the Johnson City TN Suffrage Centennial Celebration please visit [www.https://jctnsuffrage.org/](http://www.jctnsuffrage.org/). You can find upcoming events for the year here as well

Registration will open at 12:00pm and the meeting will start at 12:30pm

Please RSVP to Michelle White 423-512-1936 or Michelle.White12@yahoo.com



REGION II MEETING

The BPWTN Region II Meeting will be held on Saturday, March 7th in Nashville at the Opry Mills Mall at the Bavarian Bierhaus Restaurant from 11:00am to 2:00pm. The Speaker for the meeting will be Metro Council Woman and Past BPWTN President Zulfat Suara. Everyone is invited to attend and we look forward to good turn out.

- Registration, Lunch and Networking 11:00am-12:30pm
- Region II Meeting will begin at 12:30pm
- Please RSVP - to SharonLyrae@aol.com by February 28th
- Lunch cost between \$15.00-\$20.00 and the BPW registration is -\$0 - (but if you RSVP and do not show up you will be billed \$15.00)

Questions please contact Region II Director Sharon Taylor-Carrillo 615-319-6531 or SharonLyrae@aol.com



REGION III MEETING

The Region III meeting will be held on Saturday, March 14, from 11:30 a.m. to 1 p.m. at Bakers BBQ Restaurant, 215 W Main St., in Jackson, Tenn.

The meeting will open with a brief presentation on "Trends in Social Media" and a short analysis of major challenges facing women in the workforce and BPW's response to those challenges. The agenda will include information on events surrounding the 100th anniversary celebration of the Ratification of the Nineteenth Amendment. All BPW Region III members are invited to attend.

Please RSVP by emailing jacquehillman@gmail.com.



MUSIC CITY SUDS

by. Samantha Price

Music City Suds is the "unofficial" soap maker of country music! Their products have appeared in celebrity gift bags at the CMT and CMA Awards and they have created custom soaps for some of country's biggest stars. The soaps have been on the shelves of Nordstrom, TJ Maxx, The Country Music Hall of Fame, and The Opry.

Rachel and Daniel Mullen are the powerhouse duo behind the company. Rachel needed natural body products that wouldn't irritate her skin and she started making her own in their kitchen. She taught herself about soap making, essential oils, and lye and was determined to create a soap line that would contain only natural ingredients.

Nashville, Tennessee is all about the music so it isn't a surprise that the sights, sounds, and people of Music City have inspired the products. You'll find a little piece of Tennessee in every sud. While we are on the subject of suds- you won't find any artificial colors, scents, or additives in these soaps. They also take pride in not using harsh chemicals or skin-irritating additives and they use essential oils and food grade colorants.

As for the products- they offer a variety of soaps with witty names like "Friends In Aloe Places" and "Stand By Your Mandarin". If you browse their website musiccitysuds.com you'll find gift and travel sets, beard care, bath salts and bombs, lotion, lip balms, deodorants, and natural bug repellent. Their creativity really comes through in the packaging. Using repurposed music note paper as soap bar wrappers and recycled cigar boxes for gifts has helped them embrace an eco-friendly way of packaging products.

I contacted Music City Suds last year for samples of their products to use in our 2019 Convention Swag Bags and they graciously agreed to send us the samples of "Friends in Aloe Places". I think it is important for us to support local businesses whenever possible and I can tell you from experience that they are a wonderful company to deal with! Check out their products on musiccitysuds.com!



EQUAL RIGHTS AMENDMENT RATIFICATION

The Virginia House and Senate both voted to ratify the Equal Rights Amendment—the 38th and final state needed for ratification! The ratification came after a 28-12 vote by the Virginia Senate and a 59-11 vote by the Virginia House.

The Equal Rights Amendment was passed by Congress on March 22, 1972 and sent to the states for ratification. In order to be added to the Constitution, it needed approval by legislatures in three-fourths (38) of the 50 states. After 48 years Virginia became the 38th and final state needed for the ERA Amendment to be added to the Constitution.

The Equal Rights Amendment is a proposed amendment to the United States Constitution designed to guarantee equal legal rights for all American citizens regardless of sex. It seeks to end the legal distinctions between men and women in terms of divorce, property, employment, and other matters.

Information was obtained via the Equal Rights Amendment website equalrightsamendment.org and Ms. magazine.

Convention Schedule

Convention Schedule is Subject to Change. Please note this is a tentative schedule only.

All times are Central Standard Time.

THURSDAY, JUNE 11TH

7:00 pm Meet & Greet

- Bring your own Beverage
- Head Band Contest - Prizes
- will be awarded for your creations.

FRIDAY, JUNE 12TH

Pre Conv. EC

is if I can do it by call or online we can take that off as a "to do"

10am First Timers Meeting

- Members who have been a part of BPWTN for less than 5 years are invited to join President Lee Ann Gaddis and 1st Vice President Martha Ervin to discuss BPW, changes, and answer any question you may have. There will also be a photo op!

11am Pre-Convention BOD Meeting

12pm Lunch on your own

2pm Keynote Speaker, Martha Ervin

3:15pm Opening Convention

3:30pm BOD Meeting

7pm Awards Banquet

- Roaring 20s/Mardi Gras
- with BPW/TN theme colors gold, purple, and green
- Pasta Bar

SUNDAY, JUNE 13TH

8:45am Swearing in of Election Committee

9am-9:30am Voting is Open for State Officers

9am – Silent Auction Opens

10am Results and Convention Body

12pm Lunch

- Taco Bar / Salad Bar
- Silent Auction Closes

1 or 2 pm Installation of 2020-2021 State Officers and Regional Directors

3pm Post Convention EC then BOD Meeting



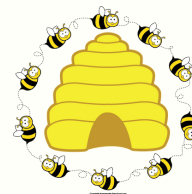
State Officers, Regional Directors, & Parliamentarian

BR: Jacque Hillman, Sharon Taylor-Carrillo, Michelle White, Carol Turpen, Amber Farley
FR: Martha Ervin, Lee Ann Gaddis, Beth Bates

HAMPTON INN & SUITES MT. JULIET

Rooms will be \$139 plus tax per night

Booking information will be shared in the March Achiever.



RUNNING FOR STATE OFFICE 2020-2021?

Completed Candidate Data Forms should be returned to the nominating committee member in each region:

Region I:

Michelle White

134 Chambers Hollow Road, Elizabethton, TN 37643
423-512-1936 or Michelle.White12@yahoo.com

Region II

Liz Stanley

3643 Alameda Drive, Paducah, KY 42001
270-243-2294 or Liz.Lyrae@gmail.com

Region III

Virginia Bates

35 Walnut Grove CV., Jackson, TN 38305
731-427-0465 or batesv28@gmail.com

BUSINESS AND PROFESSIONAL WOMEN OF TENNESSEE, INC. (BPW/TN)
OFFICIAL DATA FORM FOR CANDIDATES FOR OFFICE

The _____ Business and Professional Women's Local Organization of _____, Tennessee, presents _____

as a candidate for the office of _____ of the Business and Professional Women of Tennessee, Inc. (BPW/TN). She has been endorsed for such office by this local organization.

Current BPW office, if any _____

Previous State Service _____

Qualifications for Office _____

Date and local organization which you served as president _____

Number of years membership in a Tennessee BPW organization _____

LOCAL ORGANIZATION PRESIDENT _____

LOCAL ORGANIZATION SECRETARY _____

Date _____ Region _____

Consent to Serve

The duties of an elected officer for regional director of the state organization include attendance at executive committee meetings, state board meetings, planning meetings, regional meetings, and state conventions.

I have carefully studied the requirements for office for which I am a candidate. Neither my job nor my membership in any other organization in any way prevent my support of the organization's objectives and policies, including active support of our state legislative platform.

The _____ Business and Professional Women's Local Organization has my permission to submit my name as a candidate for the office of _____ of the Business and Professional Women of Tennessee, Inc. (BPW/TN).

I agree to serve as _____, if elected. I am able to give the required time to the duties of such office and there is nothing in my health or personal affairs to prevent my serving.

Dated this _____ day of _____, 20 _____.

Return form in duplicate to: Nominations Committee Member.

[Candidates for Executive Committee offices also submit photo. Attach bio and photo for publication.]

Candidate _____

Address _____

Place of employment: Name & Address _____

Phones: (H) _____ (B) _____ (FAX) _____

Cellphone: _____ E-mail: _____



BLACK HISTORY MONTH

Black History Month is an annual celebration of achievements by African Americans and a time for recognizing the central role of blacks in U.S. history. Also known as African American History Month, the event grew out of "Negro History Week," the brainchild of noted historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating black history.

Wangari Maathai was the first African American woman to receive the Nobel Peace Prize. She was also the first female scholar from East and Central Africa to take earn a doctorate, and the first professor ever in her home country of Kenya.



Mary Kenner was an African-American inventor who revamped the world of feminine care with the invention of the sanitary belt (maxi-pad). Although her invention gained a lot of interest it was rejected by multiple companies because she was African-American. She also invented other household items such as the tissue paper holder, as well as a back washer that mounted to the wall of the shower.



Daisy Bates led the charge to desegregate the all-white Central High School in Little Rock, Arkansas in 1957.



Shirley Chisholm was the first African-American woman elected to Congress in 1968. She was also the first woman to campaign for the Democratic Presidential nomination in 1972. She was an advocate for women and minorities.

BPW FOUNDATION MONTH

The Business and Professional Women's Foundation was formally organized in February 1956 by the National Federation of Business and Professional Women's Clubs and was hailed as the first exempt Foundation and research center devoted exclusively to the interests and advancement of workingwomen. BPW Foundation was incorporated under the laws of the District of Columbia on February 27, 1956. BPW Foundation was granted a tentative exemption under 501(c)(3) from the Internal Revenue Service and would be entitled to permanent exemption by operating in accordance with the representation in the application.

BPW Foundation is working to transform the workplace by making it more diverse, flexible and family friendly. Your involvement and support of BPW Foundation, provide the opportunity to show your commitment to working women and their families. Working together we will make positive changes in our workplaces that support today's businesses and their workforces.

Want to Become a Donor?

As a BPW Foundation donor, you will have access to resources to become an effective advocate for successful workplaces. In addition, you have the opportunity to become an integral part of a grassroots movement. Use our grassroots tools and Advocacy Center to impact both national policy and policies that directly affect your community. The current economy has forced employers and employees to make changes and difficult choices, but, with your support, BPW Foundation is confident that we will collaborate to meet the needs and goals of the work place. Now, more than ever, the organization relies on individuals like you to support our mission from both a grassroots and a donor perspective.

To donate and/or sign up for advocate toolkits, please email: foundation@bpwfoundation.org.

BPW MENTORSHIP AWARD

Being part of a mentoring relationship can help to hold women accountable to both their personal and professional goals. It helps make career development and leadership easier and more achievable. The mentor can help women set goals and track their progress by providing them with and guiding them through the information they need. Mentors are responsible for guiding their mentees' through policies and procedures while valuing their time and commitments, while empowering them to make decisions and learn at their own pace.

BPW's longstanding members have so much information to share with the younger generation and have the opportunity to be a mentor to those coming up through the ranks. Please take time to nominate one of these women for their time and efforts to passing along not only the history of BPW but the traditions and empowerment of the organization.

BUSINESS AND PROFESSIONAL WOMEN OF TENNESSEE

MENTOR AWARD

NOMINATION FORM

DEADLINE for submission is April 30, 2020

NOMINEE:

Name: _____

Address: _____

City & Zip: _____

Contact Information Preference:

Cell: _____ Home: _____

NOMINATOR:

Name: _____

Address: _____

City & Zip: _____

Contact Information Preference:

Cell: _____ Home: _____

Local Organization: _____ Region: _____ Year Joined: _____

Eligibility

Member must have been in BPW for at least three years and must be in good standing with the organization.

INSTRUCTIONS: on a separate sheet of paper, please type (Double-Spaced) your responses to the following questions.

Do not use the name of the Nominee in the answers; simply refer to the Nominee as "She or He."

1. What is the Nominee's BPW history? What offices have she/he held?
2. How have she/he helped BPW local organizations?
3. How has she/he helped you? What have you learned from her/him?
4. How are you a better and/or more successful person because of her/him?
5. How has she/he helped other working women?
6. Why do you believe she/he deserves the "BPW/TN Mentor" award?
7. In a summary paragraph, you may make other comments about the Nominee.

Forward the nomination form, along with the information requested above to the committee Chair.

Carol Turpen, Chair
622 Lanier Road
Alamo, TN 38001
731-677-4102
mentor@bpwtn.org

BUSINESS & PROFESSIONAL WOMEN LOCALS

CHATTANOOGA BUSINESS WOMEN

Meet 3rd Monday of each month.

Those wishing to attend should contact President,
Charlotte Buchanan at
ChattanoogaBusinessWomen@bpwn.org

ELIZABETHTON BPW

Meet 2nd Tuesday of each month at 5:30pm at
Dino's Restaurant in Downtown Elizabeth ton.

Contact: President, Robin McKamey at
ElizabethtonBPW@bpwn.org

Visit the Elizabethton BPW Facebook page at
<https://www.facebook.com/groups/elizabethtonbpw>.

HARDEMAN COUNTY BPW

Meets 2nd Thursday at 4:30 pm - Call for Bolivar
Location

Contact: Deborah Brasfield, President,
at HardemanCountyBPW@bpwn.org

JACKSON AREA BPW

Meets the 1st Monday at Panera Bread at 5:30pm
Networking begins at 5:15pm.

Contact: Jacque Hillman at
JacksonAreaBPW@bpwn.org

Website: bpwjackson.org or Visit their Facebook
Page!

LAFOLLETTE BPW

Meets the 3rd Monday at the LaFollette
Community/Recreation Center at 5:00pm

Contact: McKenna Kerr, President,
at LaFolletteBPW@bpwn.org

MEMPHIS AREA BPW

Meets the 3rd Saturday unless otherwise scheduled
at 11:00 am Conference Call or In Person.

Contact President, Martha Ervin at
MemphisAreaBPW@bpwn.org

Website: <http://memphisbpw.weebly.com>

MUSIC CITY BPW (NASHVILLE)

Contact President, Liz Stanley at
MusicCityBPW@bpwn.org

PARIS BPW

Contact: Susan Hayes, President, for meeting
infoParisBPW@bpwn.org

ROCKWOOD BPW

Meets the 3rd Tuesday at Victorian Square at
6:30pm (EST)

Contact: Lee Ann Gaddis
at RockwoodBPW@bpwn.org

Visit the Rockwood BPW Facebook page at
<https://www.facebook.com/RockwoodBPW/>

ROGERSVILLE BPW

Meets the 1st Tuesday at Price Public

Contact: Jeanette Edens
at RogersvilleBPW@bpwn.org

WANT TO FEATURE YOUR LOCAL IN THE ACHIEVER?

Please contact Amber Farley and Samantha
Price at publication@bpwn.org.

Information, Articles, and Photographs are
due by the 20th each month for the following
month's publication!

ALT-YC Registration Form



Name: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: (_____) Other Phone: (_____)

E-mail: _____ Fax: (_____)

Currently enrolled at (name of school): _____

PREREQUISITES – Please check the following:

Female --- age 35 or younger

High school graduate or completed GED

Enrolled in a post-secondary institution of higher learning such as an accredited 4-year college, community college, technical school or a recognized apprenticeship program

SUBMIT: Completed Registration Form Application fee of \$25 (includes one-year student membership in BPW/TN) 400 - 500-word essay, typed, single spaced, on ONE of the topics listed below:

1. Pay Equity - on average, for every \$1 earned by a man, working women earn only 80 cents. Comment. How can this disparity be addressed?
2. The ERA has been ratified by 38 states, but it is subject to a court challenge. What are your thoughts?
3. The United Nations has declared March 8th as International Women's Day. Considering all the girls who are being denied educations, the many women being treated as property, the millions of oppressed women around the world - what can American women do to promote the equality of women worldwide?
4. What are today's "Women's Issues"? What are some steps that would help address and correct them?

Deadline for submission - April 30, 2020

Mail completed registration form, hard copy of essay and payment (made out to): BPW/TN. May be mailed to one of the below listed: Lee Ann Gaddis, 1259 Joiner Hollow Road, Rockwood, TN 37854 or Beth Bates, 35 Walnut Grove Cove, Jackson, TN 38305; Questions: e mail Beth Bates, batesb@aol.com

Business & Professional Women of Tennessee

2019-2020 Calendar of Events

February 3rd, 2020	Tentative mailing date for February Achiever
February 20th, 2020	Deadline for submission material for March newsletter
March 3rd, 2020	Tentative mailing date for March Achiever
March 2020	Day on the Hill
March 21st, 2020	Region I Meeting, Elizabethton, TN
March 7th, 2020	Region II Meeting, Lebanon, TN
March 14th, 2020	Region III Meeting, Jackson, TN
March 31st, 2020	Equal Pay Day
April 1st, 2020	Deadline for submission of material for April newsletter (Candidates for Office)
April 10th, 2020	Deadline for nominations (State Officers, Regional Directors) to Nominations Chair. (60 days before the first business session of Convention).
April 10th, 2020	Deadline for submitting bylaws amendments tbc at BOD (60 days prior)
April 10th, 2020	Approve all committee appointments for upcoming year (60 days prior to Convention)
April 10th, 2020	Executive Committee approve convention budget
April 10th, 2020	Tentative mailing date for April Achiever
April 30th, 2020	Deadline for Membership numbers for awards
April 30th, 2020	Contributions to Foundation to qualify for awards
April 30th, 2020	Deadline for submission for Kaye Culbertson Mentoring Award to Mentoring Chair
May 1st, 2020	Deadline for submission material for May newsletter
May 4th, 2020	Early Registration Deadline for Convention
May 11th, 2020	Tentative mailing date for May Achiever (Convention Information)
May 15th, 2020	Deadline for LO officers information form to Pres-Elect, Treasurer, and Webmaster
May 15th, 2020	Deadline for President's Reports (award qualifications, officers) to President, 1st & 2nd VPs, and Legislative Chair at www.bpwtn.org .
May 15th, 2020	Reporting Foundation contributions to Carol Turpen
May 15th, 2020	Deadline for room reservations for Convention
May 15th, 2020	Deadline for all reports to State President for Convention
May 15th, 2020	Deadline for all reports to President-Elect for Post-Convention EC and BOD
June 12-13th, 2020	BPW/TN Convention



Dedication of the Tennessee Woman Suffrage Monument



To celebrate the 100 year anniversary of women's right to vote, the Dedication of the Tennessee Woman Suffrage Monument will be held on Tuesday, August 18th, 2020 at Centennial Park in Nashville, TN.

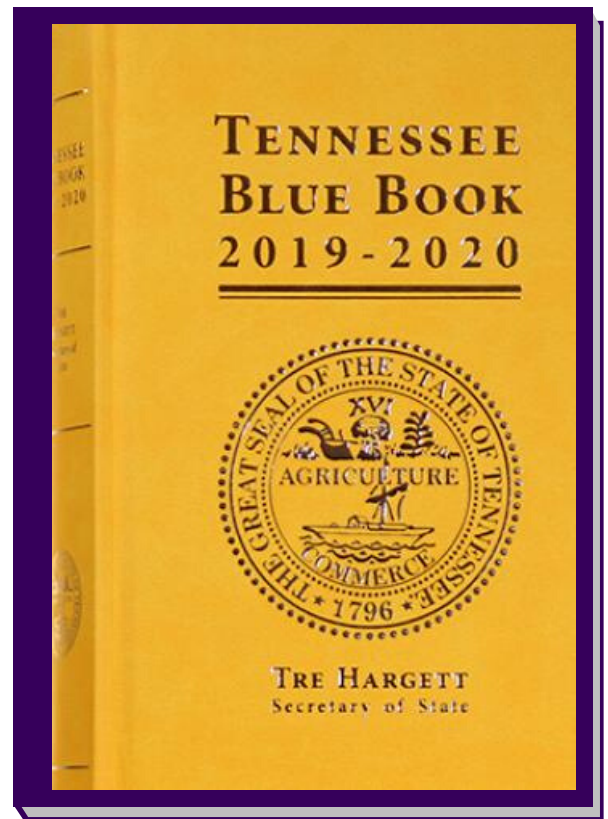
The Tennessee Blue Book 2019-2020

New Blue Book Commemorates 19th Amendment Anniversary.

The 2019-2020 edition of the Tennessee Blue Book is now available and it honors the 100th anniversary of the ratification of the 19th Amendment granting women the right to vote. Secretary of State Tre Hargett said the commemorative edition recognizes the steadfast efforts of Tennessee suffragists and the pivotal role Tennessee played in ratifying the amendment. The cover of the book — yellow — also honors the symbolic color of the national women's suffrage movement.

Published every two years, the Blue Book is the definitive manual on Tennessee state government featuring biographies of elected and appointed state officials, census data, election statistics, state history and more.

Read more from Hargett's office or order your free copy by calling 615-741-2650 or emailing publications.information@tn.gov.



Business & Professional Women of Tennessee, Inc.

1824 Roane State Highway Box 218
Harriman, TN 37748



*Bee Empowered
with BPW*