

BPWTN ACHIEVER

October 2021 Volume 6 Issue 3

Business and Professional Women of Tennessee



Tennessee Business & Professional Women
National Business Women's Week® **2021**

NBWW is a nationwide *salute* to all working women and provides an opportunity to discuss:

- the needs of working women
- share information about successful workplace policies
- raise awareness of resources available for women
- highlight the progress made by women business owners

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A Publication of the Tennessee Business and Professional Women



BPWTN
2021-23
President
Martha Ervin

Martha's Message

For 2021, National Business Women's Week is October 17th to 23rd. As locals, we often plan events within our community to celebrate during the designated week. So if celebrating in person or online, please forward a brief summary of the event and photos for sharing with the membership.

Keep in mind there are multiple ways to support women and women owned businesses throughout the year.

Give them a vote of confidence by buying their goods or services.

Encourage women to seek promotions within their workplace or candidates for political offices wanting to serve in their communities.

Be a mentor or coach. Encourage women to join women's groups like Business and Professional Women of Tennessee to broaden their network of business contacts and friends.

Just a reminder... the Interim Board meeting is on Thursday night, November 4th for both the executive committee and board of directors.

The meeting is held on Zoom and members can call in by phone or join using computer devices or smart phones.

As with many of our meetings in the past 18 months, we are utilizing Zoom conference calls to keep our business meetings going as well as keeping our members safe. Please mark your calendars to join in and share information with the members. Interim Board Schedule information can be found later in this issue on pages 8 and 9.

I am always available for you so feel free to contact me, Martha Ervin, cell or text (901) 489-5481 or president@bpwtn.org.

For more information visit

BPWTN.org

also

Check us out on Facebook

***Tennessee
Business and
Professional Women***



Letter
from the
Editor

Hope everyone is enjoying receiving the Achiever Monthly. It is a great way to keep up with BPW activities and see what is going on across the state. Remember to send any articles and photos that you would like to have included in the Achiever to the following email address: publication@bpwtn.org Please

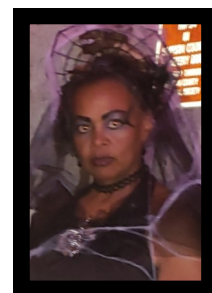
send on or before the 20th of any given month to be included in the next months Achiever Issue.

If any local President has not been featured in the Achiever, please submit a head-shot & a short bio.

If you have any questions, please contact me via email or text any time. Thanks Sharon Taylor-Carrillo

Past State President 2007-08, 2017-18

Achiever Editor 2021-2023 615-319-6531





What Is Breast Cancer?

Breast cancer is a type of cancer that starts in the breast. Cancer starts when cells begin to grow out of control. Breast cancer cells usually form a tumor that can often be seen on an x-ray or felt as a lump. Breast cancer occurs almost entirely in women, but men can get breast cancer, too.

It's important to understand that most breast lumps are benign and not cancer (malignant). Non-cancerous breast tumors are abnormal growths, but they do not spread outside of the breast. They are not life threatening, but some types of benign breast lumps can increase a woman's risk of getting breast cancer. Any breast lump or change needs to be checked by a health care professional to determine if it is benign or malignant (cancer) and if it might affect your future cancer risk.

Cancer affects 1 in 3 people in the United States. Chances are that you or someone you know has been affected by cancer. You are made up of trillions of cells that over your lifetime normally grow and divide as needed. When cells are abnormal or get old, they usually die. Cancer starts when something goes wrong in this process and your cells keep making new cells and the old or abnormal ones don't die when they should. As the cancer cells grow out of control, they can crowd out normal cells. This makes it hard for your body to work the way it should. For many people, cancer can be treated successfully. In fact, more people than ever before lead full lives after cancer treatment.

When a cancer is found, tests are done to see how big the cancer is and whether it has spread from where it started. This is called the [cancer's stage](#).

A lower stage (such as a stage 1 or 2) means that the cancer has not spread very much. A higher number (such as a stage 3 or 4) means it has spread more. Stage 4 is the highest stage.

The stage of the cancer is very important in choosing the best treatment for a person. Ask your doctor about your cancer's stage and what it means for you.

Rockwood BPW:

100th Anniversary Luncheon

Date: **Saturday, October 23rd, 2021**

Time: **12 pm-3pm EDT**

Place: **Rockwood Event Center,
241 W. Rockwood St. in Rockwood, TN**

Price: **\$15.00 per person**

Silent Auction

RSVP by October 5th, 2021

Members that are attending are encouraged to donate to our Silent Auction either an item or donate money.

To RSVP or for more details contact Lee Ann Gaddis,
865-250-8149, leeann4002@yahoo.com



Elizabethton BPW :

Elizabethton BPW Member, Ginger Holdren, was recently elected as the new Chairwoman of the Carter County Commission.

Ginger is pictured below with the Carter County Mayor, Patty Woodby, who is also a member of Elizabethton BPW



BPWTN 2021/2022 Calendar of Events



10/5/2021	10/5/2021	Achiever Published Online and Mailed to Subscribers
10/14/2021	10/14/2021	Conversations with the BPW Members - Online
10/17/2021	10/23/2021	National Business Women's Week
10/23/2021	10/23/2021	Deadline for submission of material for the Achiever
10/23/2021	10/23/2021	Rockwood BPW 100th Year Celebration at Rockwood Event Center
10/29/2021	10/29/2021	Registration deadline for Virtual Walk/Run for Education -Fundraising Event
10/31/2021	11/6/2021	Virtual Walk/Run for Education - Fundraising Event
11/4/2021	11/4/2021	Interim Board Meetings for Executive Committee and Board of Directors - Online Zoom
11/5/2021	11/5/2021	Achiever Published Online and Mailed to Subscribers

~~National Business Women's Week. October 17, thru 23, 2021

~~BPW Ecumenical Event, Location TBD. November 1, 2021

~~Deadline for PA BPW Foundation Scholarship applications for Spring Semester. November 2, 2021

~~Election Day- GET OUT AND VOTE!

~~PA Conference for Women, Online To register visit website: paconferenceforwomen.org. November 14, 2021

Official Call to Interim Board of Directors Meeting

To: State officers, regional directors, state committee chairs, local organization presidents, bylaws chair, and immediate past state president

By authority vested in me as president of the **BUSINESS & PROFESSIONAL WOMEN OF TENNESSEE, INC. (BPW/TN)**, and pursuant to vote of members of the board, a meeting of the executive committee and the board of directors is hereby called for Thursday, November 4, 2021.

The following items of business will be presented for consideration and action.

~~Reports and recommendations from state officers, committee chairs, local organization presidents, and regional directors.

~~Approval of appointment of additional committee members (executive committee only)

~~Election of nominating committee

Such other business as may properly come before the meeting to promote the work and effectiveness of BPW/TN

All members of BPW/TN may attend meetings of the board of directors and may discuss matters presented for action. However, the making of motions and voting are limited to the board of directors.

Registration is free to all attendees.

The meetings will take place via Zoom Meetings. The meeting schedule for **Thursday, November 4, 2021** is below and includes both central standard time (CST) and eastern standard time (EST):

Interim Board – Exec. Committee Meeting Time: Nov 4, 2021 06:00 PM CST / 07:00 PM EDT (30 minutes)

Login by Computer <https://us06web.zoom.us/j/9829472921?pwd=dDIPZjU0U1dCb1V1VkU2QXNOZmk1UT09>

Meeting ID: 982 947 2921

Passcode: BPWTN

One tap mobile +13126266799,,9829472921#,,,,*558760# US (Chicago) +19292056099,,9829472921#,,,,*558760# US (NY)

Dial by your location +1 312 626 6799 US (Chicago) +1 929 205 6099 US (New York)

Meeting ID: 982 947 2921

Passcode: 558760

Interim Board – Board of Directors Meeting Time: Nov 4, 2021 06:30 PM CST / 7:30 PM EDT

Login by Computer <https://us06web.zoom.us/j/9829472921?pwd=dDIPZjU0U1dCb1V1VkU2QXNOZmk1UT09>

Meeting ID: 982 947 2921

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Conversations with BPW Members

Thursday, October 14, 2021 at 6pm (CST) / 7pm (EDT)

Judge Kathleen Gomes is joining us during our Zoom call to share information with our group regarding conservatorships.

Conservatorships have recently come into the news because of Brittney Spears. Judge Gomes will share with the group what happens in a conservatorship and how they are started.

Judge Kathleen N. Gomes, Probate Court - Division I

Judge Kathleen N. Gomes: After earning her B.A. in Political Science from UT-Chattanooga in 1974, Judge Kathleen N. Gomes moved to Washington, D.C., and spent a year working as a Staff Assistant for a member of Congress until moving to Nashville to become Assistant to the Director of the Tennessee Consolidated Retirement System. Judge Gomes made her final move to Memphis after enrolling at The University of Memphis Cecil C. Humphreys School of Law (formerly Memphis State University School of Law), where she earned her J.D. in 1980.

For three years she worked for the Memphis law firm Canale, Mitchell, Lucas & Watson (formerly Ratner, Sugarmon) before starting her own practice—Mitchell, Gomes & Ballew—in 1982. In 1985, Judge Gomes moved her practice to Peppel, Gomes & MacIntosh, where she remained until appointed Judge for Shelby County Probate Court, Division I, in 2013. She was elected as Probate Court Judge in 2014.

Judge Gomes has been a lawyer for over 38 years. Prior to taking the bench, Judge Gomes practiced exclusively in the area of Probate law. She has extensive experience in Probate litigation, focusing on conservatorships, guardianships, wills and estates. Because of her Probate expertise, she has received numerous referrals and consultations from other attorneys, and successfully handled a number of Probate cases with the Court of Appeals. Judge Gomes has been asked to speak at many seminars both during her years of practice and as Judge, regarding all aspects of Probate law.

Outside of the courtroom, Judge Gomes remains civically active in the Memphis community. She formerly served as Chairman of the Wills and Probate Section of the Memphis Bar, and from 2005 to 2011 she served as a Board of Professional Responsibility Hearing Officer. In 2012, she was selected as a fellow for the Memphis Bar Foundation. In 2017, Judge Gomes was named as one of the twelve Most Outstanding Women of the Judiciary by the Memphis Inter-Denominational Fellowship. She currently serves on the Board of Directors for Arc of the Mid-South and for the Greentrees Civic Association. In 2018, the Arc of the Mid-South honored Judge Gomes with an award for her community service to the intellectually challenged and disabled community. She is currently a Cantor at Church of the Holy Spirit in Memphis, Tennessee, where she has also served on various committees. She is a member of the Memphis and Tennessee Bar Associations, a member of the St. Thomas Moore Catholic Lawyers Guild, a member of the Leo Bearman, Sr. Inns of Court, and a member of the Kiwanis Club.

Zoom Information Conversations with BPW Members

Thursday, October 14, 2021 6:00 pm (CST), 7:00 pm (EST)

Join Zoom Meeting

<https://us06web.zoom.us/j/9829472921?pwd=dDlPZiU0U1dCbVlVU2QXNOZmk1UT09>

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Things you might not know about National Business Women's Week

- Originated with Emma Dot Partridge, Executive Secretary of the National Federation of Business and Professional Women's Clubs from 1924-1927
- First annual observance of NBWW was held April 15-22, 1928
- BPW National President Lena Madelin Phillips opened the week with a nationally broadcasted speech
- Purpose of the week was "to focus public attention upon a better business woman for a better business world."
- NBWW has grown into a nationwide salute to all working women
- In 1938 NBWW was moved to the third full week of October
- U.S. President Herbert Hoover was the first President to issue a letter recognizing NBWW and the contributions and achievements of working women.

NBWW 2021—October 17th thru 23rd

To honor the contributions of working women and employers who support working women and their families, Business and Professional Women's Foundation celebrates National Business Women's Week® (NBWW) during the third week of October.

National Business Women's Week® provides an opportunity to call attention to women entrepreneurs, facilitate discussions on the needs of working women, share information about successful workplace policies, and raise awareness of the resources available for working women in their communities.



She believed she
could, so she DID!

East Region Fundraiser

FALL 2021-SPRING 2022



East Region Fundraiser

THIS YEAR EAST REGION WILL BE HOSTING A FUNDRAISER WITH RADA TO OFFER MORE TO OUR MEMBERS. BY HOSTING THIS FUNDRAISER IT ALLOWS MEMBERS FROM NOT ONLY EAST REGION BUT THE WEST TO EARN A FREE TICKET AND LUNCH AT THE SPRING EAST REGION MEETING.

FOR EVERY \$100 OF PRODUCT SOLD RADA GIVES BACK \$40 TO THE ORGANIZATION. SO TO KEEP UP WITH HOW MANY TICKETS A LOCAL HAS EARNED EACH OF THE EAST REGION LOCALS HAVE BEEN SET UP WITH A SPECIALIZED LINK TO ALLOW US TO SEE HOW MUCH MONEY IS BROUGHT IN BY SALES USING THEIR LINK. LINKS CAN ALSO BE MADE FOR WEST REGION LOCALS OR MEMBERS AT LARGE WHO WISH TO EARN A TICKET. IF YOU WOULD SIMPLY LIKE TO SUPPORT THE FUNDRAISER YOU CAN USE ANY OF THE EAST REGIONAL LOCALS LINKS.

Members of Locals

- ORDER USING YOUR LOCAL LINK.
- FOR EVERY \$100 OF SOLD PRODUCT, THAT LOCAL WILL EARN 1 TICKET TO OUR SPRING REGION MEETING. THE TICKET WILL COVER YOUR REGISTRATION AND LUNCH.

Members at Large

- A PERSONAL LINK CAN BE SET UP FOR YOU BY CONTACTING AMBER FARLEY OR YOU CAN USE ANY LOCAL'S LINK.
- THE SAME INCENTIVE WILL APPLY TO MAL AS MOL. FOR EVERY \$100 SOLD IN PRODUCT, 1 TICKET WILL BE EARNED TO ATTEND THE SPRING REGIONAL MEETING.

Qualifying Deadlines & Incentives

- OCTOBER 1ST, 2021 - DEADLINE TO SET UP INDIVIDUAL SITES FOR MAL OR SITES FOR WEST REGION LOCALS.
- DECEMBER 1ST, 2021 - EVERY BPW/TN MEMBER WHO PLACES AN ORDER BY DECEMBER 31ST WILL BE ENTERED TO A GIVEAWAY WHICH WILL BE AWARDED AT THE REGION I MEETING.
- JANUARY 1ST, 2022 - LOCALS / MEMBERS WHO RAISE \$500 BY JANUARY 1ST, WILL WIN ENTRY INTO A GIVEAWAY WHICH WILL BE AWARDED AT THE REGION I MEETING.
- FEBRUARY 1ST, 2022 - THE CUTOFF FOR EARNING TICKETS TO THE SPRING 2021 MEETING WILL BE FEBRUARY 1ST..



**VIRTUAL
WALK/RUN**



**FEE: \$25 PER PERSON
DONATIONS WELCOME
REGISTRATION:
OCT. 29, 2021**

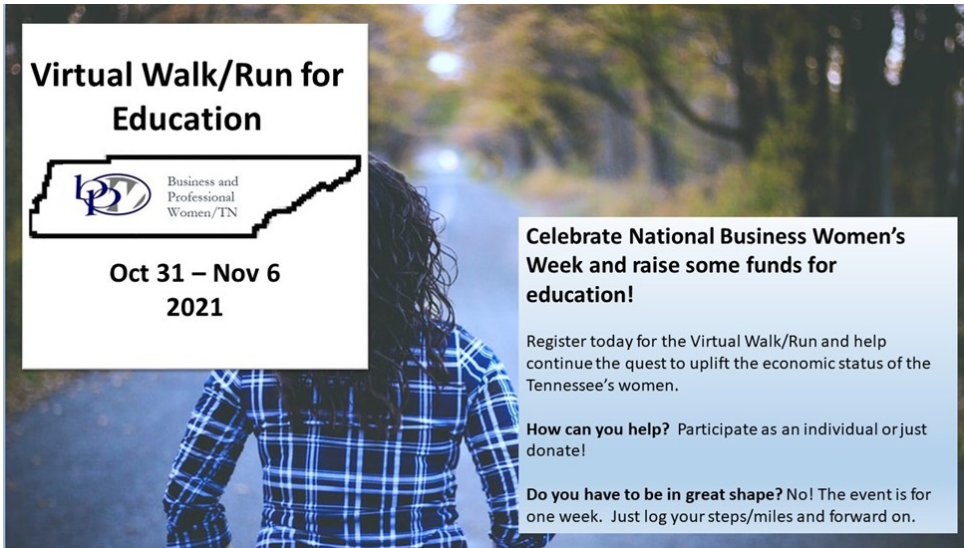
REGISTRATION ONLINE AT
WWW.BPWTN.ORG

**WEEK LONG
10/31-11/6**

**Business and Professional
Women of Tennessee, Inc.**

For more information call
(901) 489-5481

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The Virtual Walk/Run is a great opportunity for members to share an experience with their families, friends, and local club members.

Deadline to register:

October 29, 2021

Registration Form Link:

<https://forms.gle/GUD9zAWUW5A8GjN96>

Participant Information

As a participant you receive a virtual bib to download and wear as you walk or run. And a flip version for an iron transfer to make your own tee shirt.

Tracking methods can be an app or a mileage log. Suggested apps include but are not limited to FitBit or MapMyWalk.

The person with the most miles wins a one year state membership for Business and Professional Women of Tennessee.

Entry fee is \$25.00 for an individual.

Value of the one year membership is \$50.00.

(Note: If a current member wins the annual membership, the member can gift to someone else)

Entry fee proceeds go to the Business and Professional Women of Tennessee Scholarship Fund.

Additional questions can be forwarded to the organization's fundraising chair, Amber Farley at fundraising@bpwtn.org or to president, Martha Ervin at president@bpwtn.org.

Donations are also accepted for those who do not wish to participate in the walk. Please complete the form below and select the option of "Donating Only" under Registering as. On the PayPal site there will be an area for you to enter your donation amount.



Map My Walk App by Under Armour

The app is free to download on both iPhone and Android devices. Walker may choose to use their own tracker, but will need to submit a tracking report to the fundraising chair.

We encourage all walkers to use the app though because it will allow us to have everyone in one challenge group and grants the opportunity for us to cheer each other on every time we log in and complete a mile!

If not using Map My Walk for logging miles, report total mileage using the online link below.

<https://forms.gle/h9AtX28BXmySTp6r9>. Or send an email to Amber Farley at fundraising@bpwtn.org or to president, Martha Ervin at president@bpwtn.org with the following information.

First and Last Name

Total miles for the week

Upcoming Zoom Meetings Details

Conversations with BPW Members

Thursday, October 14, 2021 6:00 pm (CST), 7:00 pm (EST)

<https://us06web.zoom.us/j/9829472921?pwd=dDlPZjU0U1dCbIV1VkU2QXNOZmk1UT09>

Interim Board Meeting – Executive Committee

Thursday, November 4, 2021 6:00 pm (CST), 7:00 pm (EST) – 30 Minutes only

<https://us06web.zoom.us/j/9829472921?pwd=dDlPZjU0U1dCbIV1VkU2QXNOZmk1UT09>

Interim Board Meeting – Board of Directors

Thursday, November 4, 2021 6:30 pm (CST), 7:30 pm (EST) – 30 Minutes only

<https://us06web.zoom.us/j/9829472921?pwd=dDlPZjU0U1dCbIV1VkU2QXNOZmk1UT09>

**This
information is
for ALL of the
meetings listed
above.**

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2021 –2023 State Officers



Martha Ervin
President



Amber Farley
1st Vice-Pres.



Michelle White
Secretary



Carol Turpen
Treasurer



Robin McKamey
East Region
Director

