

Professional Notes



Important

Dates:

- January meeting, January 7, 2013 – West Tennessee Business College – South Annex
- Career Plus/Individual Development Sessions – February 23 & March 23

Jackson Area Business and Professional Women

Liberty Agriculture Students to speak at January 7 meeting

The next regular business meeting is Monday, January 7, 2013, at 5:30 p.m., at **West Tennessee Business College, South Annex**. We will network and have dinner (for those of you who would like to eat) from 5:30 – 6:00 p.m. Liberty Agriculture Students will be our speakers. Their presentation will be on the “Farm to Tray” program. Please plan to attend the meeting and bring a friend (or two).

West Tennessee Business College has graciously allowed us to bring food into this building. If you would like to bring in your dinner, please feel free to do so.

2013 Career Plus/Individual Development Sessions

The 2013 Career Plus/Individual Development Sessions are set for February 23, 2013 and March 23, 2013. The sessions will be held at West Tennessee Legal Services. The cost for one session is \$40.00; the cost for both sessions is \$60.00.

Space is limited to 12 per session. The registration form is included in this newsletter or you can visit our website at www.bpwjackson.org for more information and registration. Just click on the Events button at the top of the home page.

Need Career Enhancement, personal and professional development?

Mark your calendar for

February 23, 2013 and March 23, 2013

Jackson Area Business and Professional Women Present: Career Plus/Individual Development Sessions

West Tennessee Legal Services, Inc.,
210 West Main Street
Jackson, Tennessee

Registration Fee: \$40 per day session; \$60 for both sessions

Schedule: 8:00-8:30 Registration, Continental Breakfast, Networking
8:30-12:00 4 Modules (with breaks)
Lunch provided: 12:00-1:00
1:00-4:00 3 Modules or 4 Modules

CAREER PLUS/INDIVIDUAL DEVELOPMENT SESSIONS

The Individual Development Program (ID) is BPW's seminar series for personal and professional leadership development. The program assists women in meeting their personal and professional goals, as well as their goals for community action and change.

Necessary tools to jump start your career and your life:

- Speaking in Public
- Interviewing tips and techniques
- Running meetings
- Business etiquette
- Media relations
- Creating presentations
- Networking
- Negotiating skills
- Leadership skills
- Lobbying and Grassroots Organizing
- and much more

First Session

The Past, Present and future (BPW)
Developing Confidence (Behavioral Styles)
Meet me in the Middle (Negotiating Skills)
Taming the Tension Tyrant (Create Presentations)
Standing Up and Standing Out (Oral Presentations)
Define and Shine (Networking)
Yours for You to Use (Interviewing)

Second Session

Best in the Class (Be the Leader You Want to Be)
Get into It and Out of It! (Running a Meeting)
Business Etiquette
Right to write! (Your Civic Role)
Reach for the Stars! (Develop your Goals)
Memories made! (Media Relations)
I Know You, But (Virtual teams)

Registration form and fee needs to be submitted by February 12, 2013 (for questions, call 731-426-1313)
Mail to Beth Bates, P.O. Box 2066, Jackson, TN 38302

NAME _____ WORK TELEPHONE _____

ADDRESS _____ ALTERNATE PHONE # _____

E-mail address: _____

Session 1 Session 2
Enclosed is a check for \$40 \$60



Established in 1956, Business and Professional Women's (BPW) Foundation became the first foundation dedicated to conducting research and providing information solely about working women. Today, BPW Foundation is transforming workplaces by focusing on issues that impact working women, families and employers.

Vision

To partner to create successful workplaces for women, their families and employers.

BPW Foundation Mission

To empower working women to achieve their full potential and to partner with employers to build successful workplaces through education, research, knowledge and policy.

History

The legacy of Business and Professional Women began in 1919. While the organization has transformed over time, the legacy and vision of Working Women Helping Women Work remains intact.

Engage

BPW Foundation supporters, [Legacy Partners](#) and grassroots activists are committed to our mission. Join us by [engaging in our activities and programs](#). Use our grassroots tools to impact your community. Sign up to become engaged and take an active role.

You can also show your support for women veterans and military spouses by becoming a mentor through our [Joining Forces Mentoring Plus™](#) effort.

BPW Foundation is transforming today's workplace. Your participation is essential to provide information and resolution to the problems facing the workplace and workforce. [Sign me up!](#)

Jackson Area Local organization is a Legacy Organization and part of the BPW Foundation family, here is a link to the BPW Foundation grassroots toolkits, as a member may find useful:

<http://www.bpwfoundation.org/index.php/support/info/engage/>

Deborah L. Frett, Chief Executive Officer for the Business and Professional Women's Foundation sends her sincerest thanks for you continued support of the Business Foundation's mission.

Jackson Area Business and Professional Women

P.O. Box 3643
Jackson, TN 38303

2012-13 PRESIDENT
Jan Bynum

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Visit us on our
website at:
bpwjackson.org

You can also follow us on
Facebook!

Jackson Area
Business and
Professional Women
P.O. Box 3643
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ANNOUNCEMENTS

- B for Business – the next breakfast will be January 10, 2013, at the Jackson Chamber of Commerce. Meeting time is 7:45 a.m. to 9:00 a.m. The topic will be “**Business Development – Looking Back on 2012 and Moving Forward in 2013**” – Panel: *Mayor Jerry Gist and Mayor Jimmy Harris, Kyle Spurgeon, Jackson Area Chamber of Commerce*
- Save the date – Career Plus/Individual Development Sessions – February 23, 2013 and March 23, 2013, West Tennessee Legal Services, 210 West Main Street, Jackson, TN
- Long-time member Wilma Utley is in the hospital. She is suffering with pneumonia and is dehydrated. Jackie is there with her most of the time. Wilma is in room A428. If you would like to send cards: Wilma Utley, Jackson-Madison County General Hospital, Room A-428, 620 Skyline Drive, Jackson, TN 38301. You can also use the West Tennessee Healthcare greeting card service by going to this site: <http://www.wth.net/body-id=1388.cfm.html>.
- U40 Luncheon, Friday, January 11, 2013, 11:30 a.m. – 1:00 p.m., Doubletree Hotel, 1770 Highway 45 By-Pass, Jackson, TN



Happy Winter!!



Spotlight on new member Diana Hart

Jackson Area Business & Professional Women would like to welcome new member Diana Hart. Diana is a student and works for the Crockett County Chamber of Commerce. If you would like to send her a welcome, you can contact her at dhart@crockettchamber.com.

Again, welcome Diana!!!

