

# Professional Notes

*Jackson Area Business and Professional Women*



## Important

### Dates:

- December meeting, December 2, 2013 – Baudo's Restaurant, 559 Wiley Parker Road, Jackson, TN
- Equal Pay Day – April 8, 2014
- BPW State Convention – June 12-15, 2014, Doubletree Hotel, Jackson, Tennessee

## The Annual Jackson Area BPW Christmas Party is December 2, 2013

The next regular business meeting is Monday, December 2, 2013, at 5:30 p.m., at **Baudo's Restaurant, 559 Wiley Parker Road, Jackson, TN**. We will meet in the Comedy Club for our annual Christmas party. It is dutch treat and **each person** wishing to participate in the Dirty Santa, please bring a gift (\$20 limit). Also, we are collecting canned goods again this year as well as Target and Old Navy gift cards. Please bring what you can. We will have a collection box at the party. If you have not e-mailed your RSVP and you wish to attend, please send an e-mail to [nsmom7262@yahoo.com](mailto:nsmom7262@yahoo.com) tonight. (I will be contacting Baudo's tomorrow morning with the number for reservations.)

### Canned Goods and Toy Collection

The Jackson Area BPW will be collecting canned goods and gift cards (Target or Old Navy) once again this year for those less fortunate than ourselves. Please bring your donation to the Christmas party on Monday, December 2, 2013. If you are unable to attend the party but would still like to make a donation, you may bring your canned goods donation to Middlebrooks & Gray, P.A., 1651 Hollywood Drive, Jackson, TN; any Target or Old Navy gift card donation can be taken to Tawnya Moore, Commercial Bank, 3093 N. Highland, Jackson, TN. (The gift cards will be used by the Carl Perkins Child Abuse Center and Target and Old Navy will give discounts for the gift cards for this purpose.)





Established in 1956, Business and Professional Women's (BPW) Foundation became the first foundation dedicated to conducting research and providing information solely about working women. Today, BPW Foundation is transforming workplaces by focusing on issues that impact working women, families and employers.

## **Vision**

To partner to create successful workplaces for women, their families and employers.

## **BPW Foundation Mission**

To empower working women to achieve their full potential and to partner with employers to build successful workplaces through education, research, knowledge and policy.

## **History**

The legacy of Business and Professional Women began in 1919. While the organization has transformed over time, the legacy and vision of Working Women Helping Women Work remains intact.

## **Engage**

BPW Foundation supporters, [Legacy Partners](#) and grassroots activists are committed to our mission. Join us by [engaging in our activities and programs](#). Use our grassroots tools to impact your community. Sign up to become engaged and take an active role.

You can also show your support for women veterans and military spouses by becoming a mentor through our [Joining Forces Mentoring Plus™](#) effort.

BPW Foundation is transforming today's workplace. Your participation is essential to provide information and resolution to the problems facing the workplace and workforce. [Sign me up!](#)

Jackson Area Local organization is a Legacy Organization and part of the BPW Foundation family, here is a link to the BPW Foundation grassroots toolkits, as a member may find useful:

<http://www.bpwfoundation.org/index.php/support/info/engage/>

Deborah L. Frett, Chief Executive Officer for the Business and Professional Women's Foundation sends her sincerest thanks for your continued support of the Business Foundation's mission.

***Need Career Enhancement, personal and professional development?***

**Mark your calendar for**

**January 11, 2014 and February 22, 2014**

**Jackson Area Business and Professional Women Present: Career Plus/Individual Development Sessions**

West Tennessee Legal Services, Inc.,  
210 West Main Street  
Jackson, Tennessee

**Registration Fee:** \$40 per day session; \$60 for both sessions

**Schedule** 8:00-8:30 Registration, Continental Breakfast, Networking  
8:30-12:00 4 Modules (with breaks)  
Lunch provided: 12:00-1:00  
1:00-4:00 3 Modules or 4 Modules

**CAREER PLUS/INDIVIDUAL DEVELOPMENT SESSIONS**

The Individual Development Program (ID) is BPW's seminar series for personal and professional leadership development. The program assists women in meeting their personal and professional goals, as well as their goals for community action and change.

**Necessary tools to jump start your career and your life:**

- Speaking in Public
- Interviewing tips and techniques
- Running meetings
- Business etiquette
- Media relations
- Creating presentations
  - Networking
- Negotiating skills
  - Leadership skills
  - Lobbying and Grassroots Organizing
- and much more

**First Session**

***The Past, Present and future*** (BPW)  
***Developing Confidence*** (Behavioral Styles)  
to Be)  
***Meet me in the Middle*** (Negotiating Skills)  
*Meeting*)  
***Taming the Tension Tyrant*** (Create Presentations)  
***Standing Up and Standing Out*** (Oral Presentations)  
***Define and Shine*** (Networking)  
(Develop your Goals)  
***Yours for You to Use*** (Interviewing)

**Second Session**

***Best in the Class*** (Be the Leader You Want  
to Be)  
***Get into It and Out of It!*** (Running a  
*Meeting*)  
***Business Etiquette***  
***Right to write!*** (Your Civic Role)  
***Reach for the Stars!***

***Memories made!*** (Media Relations)  
***I Know You, But*** (Virtual teams)

Registration form and fee needs to be submitted by January 9, 2014 (for Questions call 731 426-1313)  
Mail to Beth Bates P.O. Box 2066 Jackson, TN 38302

NAME \_\_\_\_\_ WORK TELEPHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ ALTERNATE PHONE # \_\_\_\_\_

E-mail address: \_\_\_\_\_

## Jackson Area Business and Professional Women

P.O. Box 3643  
Jackson, TN 38303

2013-14 PRESIDENT  
Jan Bynum

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731-256-8552

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[ritzb@eplus.net](mailto:ritzb@eplus.net)

Visit us on our  
website at:  
[bpwjackson.org](http://bpwjackson.org)


You can also follow us on  
Facebook!

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## ANNOUNCEMENTS

- B for Business is now **Business at 212°**. The next breakfast will be December 13, 2013, at the Jackson Chamber of Commerce. Meeting time is 7:45 a.m. to 9:00 a.m. **“Celebrating Your Team – Fresh Ideas”**  
**Speaker: Pam Nash, CEO, Exchange Club – Carl Perkins Child Abuse Prevention Center.**
- Long-time member Wilma Utley is back at Northbrooke Health Care Center. If you would like to send her a card and/or a note of encouragement, her address is: Wilma Utley, Northbrooke Health Care Center, Room 307A, 121 Physicians Drive, Jackson, TN 38305.
- Season of Unity for the City of Jackson is set for October 1, 2013 thru January 1, 2014. The mission of the Season of Unity is to care, thank, and believe in the worth of all people and within each culture to raise awareness of non-violence. Wanda Stanfill is one of the co-chairs of this event. For more information, you can go to [www.cityofjackson.com](http://www.cityofjackson.com).
- Our deepest sympathies go out to Jacque Hillman on the death of her sister, Karen Armstrong Thorpe. If you would like to send Jacque a card or note, her address is 127 Fairmont, Jackson, TN 38301.
- TN 2014: Economic Outlook for Business Owners. Sessions will address: Growing your business; How the new Affordable Care Act will impact your business and employees; Best practices when talking to potential clients. December 9, 2013, 9:30 a.m. – 3:00 p.m., University of Tennessee, West Tennessee Research & Education Center, 605 Airways Blvd., Jackson, TN. No charge – lunch provided. Reservations are required. Visit <http://wbecsouth.org/events/jacksontn> to reserve your spot today.



### Spotlight on new members Daryl Chansuthus, Amy Dietrich and Deann M. Montchal

Jackson Area Business & Professional Women would like to welcome new members Daryl Chansuthus, Amy Dietrich and Deann M. Montchal. Daryl is the Executive Director of WRAP; her e-mail address is [dchansuthus@wraptn.org](mailto:dchansuthus@wraptn.org). Amy is retired Associate Professor, University of Memphis; her e-mail address is [apdietrich@eplus.net](mailto:apdietrich@eplus.net). Deann is Vice-President of Hospital Services for West Tennessee Healthcare; her e-mail address is [deann.montchal@wth.org](mailto:deann.montchal@wth.org). We are very happy to welcome you and hope to see you at all the meetings and events.

