

Greater Nashville News



NOVEMBER 2012

Volume 4, Issue 5



2012-13 Officers

President

Sharon
Taylor-Carrillo

Vice President

Naomi Drake

Secretary

Pamela Atkins

Treasurer

Evon Wood

Hello BPW, members and friends,

November 10th is the BPWTN Interim Board meeting.

December 1st we will travel on the BIG PINK Bus with The Jugg Sisters.

We are a group of few but it only takes a few good women to do a great job.

Let's have a great rest of the year, 2013 will be here before you know it.

Keep a smile on your face and in your heart.

Best

Personal

Wishes,

Sharon



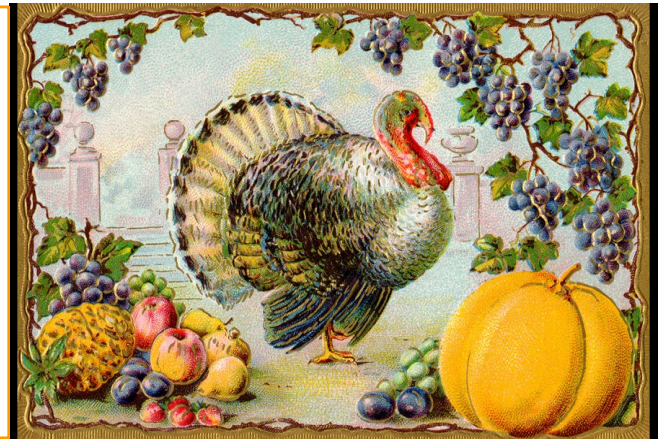
Happy Thanksgiving!

Thanksgiving Time

by Author Unknown



When all the leaves are off the boughs,
And nuts and apples gathered in,
And cornstalks waiting for the crows,
And pumpkins safe in barn and bin,
Then Mother says, "My children dear,
The fields are brown, and autumn flies;
Thanksgiving Day is very near,
And we must make thanksgiving pies!"



**The 2012 Interim Board will be held on
Saturday, November 10th at the
Holiday Inn Express and Suites, Mt Juliet
I-40 at Exit 226—South on Mt Juliet Road**

Please save the date Nov. 10th and plan to attend.
Information available on the website and in the October Achiever.

Greater Nashville BPW 2012-13 Calendar

NOVEMBER 10TH	Interim Board Meeting in Mt. Juliet
DECEMBER 1st	December 1st NashTrash Murder Mystery Dinner Tour)
JANUARY 10TH	Dr. Martin Luther King, Jr.
FEBRUARY	February Project Renewal House, Foundation month
MARCH	Women's History Month, Region II Meeting 16th, Yellow Roses Luncheon
APRIL 11TH	Equal Pay Day, Annual Meeting, Election of Officers
MAY 9TH	Awards and Installation of New Officers
JUNE 6-9	State Convention in Murfreesboro



No BPW Business meeting will be held in November, December, February, and March due to other BPW Activities going on during those months.

RSVP's :
11 BPW guest
Sharon
Pamela
Ann
Evon



Holiday Event
Saturday December 1st.
for the NashTrash Murder
Mystery Dinner Tour.



**A total of 15 spots have
been reserved.
Anyone that would like
to go , we will have to
put you on a waiting list.**

**Send Payment to :
Greater Nashville BPW
P.O. Box 70296,
Nashville, TN 37207**

**by
November 19, 2012**



NashTrash
Murder Mystery Dinner Tour

Make your \$50.00 check payable to Greater Nashville BPW

A BOUNTIFUL **Thanksgiving** TRADITION

Tucked between the two monster sized holidays of Halloween and Christmas, Thanksgiving receives far less attention. But Thanksgiving is a very important holiday, especially in the busy lives of Americans. It is a time to kick back and relax, watch a football game or go to a movie, and enjoy a huge feast. It's also time for us to give thanks to our God, for the things he has bestowed upon us and upon this great nation. There is no nation in the world that has more to be thankful for than us.



Thanksgiving History:

The first Thanksgiving was celebrated between the Pilgrims and the Indians in 1621. That first feast was a three day affair. Life for the early settlers was difficult. The fall harvest was time for celebration. It was also a time of prayer, thanking God for a good crop. The Pilgrims and the Indians created a huge feast including a wide variety of animals and fowl, as well as fruits and vegetables from the fall harvest. This early celebration was the start of today's holiday celebration. Like then, we celebrate with a huge feast.

Today, most of us enjoy Turkey with "all the trimming". The "trimming" include a wide variety of foods that are a tradition for your family. Those traditional foods often replicate the foods at the first Thanksgiving feast. While others, are traditional ethnic or religious groups recipe, or a special food item that your family always serves at Thanksgiving dinner. Then, to top it off, pumpkin pies, apple pies, an even mince meat pies are bountiful around the table.

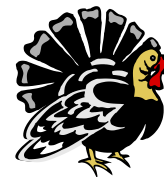
American Thanksgiving traditions revolve around a huge and lavish meal, usually with Turkey as the centerpiece. For those who do not like Turkey, a Roast or Prime Rib is common. As tradition has it in most families, a special prayer of thanks precedes the meal. In many homes, family members will each mention something they are very thankful for.

Did you know? Potatoes were not part of the first Thanksgiving. Irish immigrants had not yet brought them to North America.

After the first Thanksgiving, the observance was sporadic and almost forgotten until the early 1800's. It was usually celebrated in late September or October. In 1941, Congress made it a national holiday and set the date as the fourth Thursday in November.


Here are some interesting facts:

- The turkey industry grosses over \$1 billion a year.
- The Average American consumes over 15 pounds of Turkey per year.
- Americans consume over 675 million pounds of turkey on Thanksgiving Day.
- Turkey, like poultry, is lower in cholesterol than beef and many other meats. The dark meat (thigh, legs,) contains more fat and cholesterol than white meat. So, that's why dark meat tastes so good!
- Male Turkeys are called "Toms", female turkeys are called "Hens" and baby turkeys are called "poults".
- Turkey eggs are tan in color and speckled with brown. They are about twice as large as chicken eggs.
- In 1947, the first Presidential pardon was ceremoniously given to a turkey.
- That long, loose skin that hangs down from a turkey's neck is called a "wattle".
- Sleepy after the big meal? Turkey contains an amino acid called "Tryptophan". Tryptophan sets off a chemical chain reaction that calms you down and makes you sleepy.
- The wishbone is a tradition of Thanksgiving. Allow the wishbone to dry. Then, two people grasp each end of the wishbone. After making a silent wish, they pull it away. Whoever gets the joint portion, gets their wish.




November Highlights in US Women's History

- **Nov 1, 1848** - First medical school for women, the New England Female Medical School, opens; in 1874 it merges with Boston University to become one of the world's first coed medical schools
- **Nov 8, 1910** - The state of Washington passes a constitutional amendment to permit woman suffrage
- **Nov 8, 1984** - Dr. Anna L. Fisher, a physician, launches into space as the first American mother and third American woman to fly into space on the shuttle Discovery
- **Nov 11, 1979** - Bethune Museum and Archives opens in Washington D.C. as a center for African-American women's history, honoring Mary McLeod Bethune
- **Nov 11, 1993** - The Vietnam Women's Memorial is dedicated in Washington, D.C. Conceived by former army combat nurse Diane Carlson Evans and sculpted by Glenna Goodacre, it honors the 265,000 women who voluntarily served during the Vietnam era
- **Nov 13, 1938** - Mother Francis Xavier Cabrini is beatified. She is the first American woman citizen to become a saint
- **Nov 14, 1889** - Journalist Elizabeth Cochran, aka Nellie Bly, sails around the world in 72 days, 6 hours, 11 minutes, and 14 seconds, beating the fictional record set by Phileas Fogg in Jules Verne's *Around the World in Eighty Days*
- **Nov 14, 1903** - The U.S. Women's Trade Union League is established
- **Nov 14, 1946** - Emily Greene Balch, co-founder of the Women's International League for Peace and Freedom, is awarded the Nobel Peace Prize
- **Nov 28, 1881** - The first organizational meeting is held for the predecessor group to the American Association of University Women (AAUW)



Happy Birthday to you, Happy Birthday to you,
Happy Birthday BPW Members,, Happy Birthday to you.



- **Nov 5, 1857 (1944)** - Ida Tarbell, investigative reporter, wrote expose on Standard Oil that led to federal investigation and break-up of the company
- **Nov 8, 1897 (1980)** - Dorothy Day, social reformer, cofounded "The Catholic Worker" newspaper; active in the Catholic Worker movement
- **Nov 11, 1744 (1818)** - Abigail Adams, politically influential First Lady; early advocate for women's rights
- **Nov 12, 1815 (1902)** - Elizabeth Cady Stanton, feminist, suffragist, organized first U.S. women's rights convention in Seneca Falls in 1848, first president of the National Woman Suffrage Assn.
- **Nov 15, 1887 (1986)** - Georgia O'Keefe, innovative painter, known for her paintings of flowers
- **Nov 18, 1857 (1950)** - Rose Knox, one of America's foremost businesswomen, cofounder of Knox Gelatin Co. Following her husband's death, she revolutionized the company, initiating a five-day work week and two-week vacations
- **Nov 18, 1945** - Wilma Mankiller, first female Chief of the Cherokee Nation, 1985 to 1995
- **Nov 20, 1896 (1965)** - Rose Pesotta, union organizer and first woman vice president of the International Ladies Garment Worker Union (ILGWU), 1934
- **Nov 20, 1910 (1985)** - Pauli Murray, civil rights lawyer, Episcopal priest, first black person to earn a doctorate at Yale Law School, 1965
- **Nov 22, 1943** - Billie Jean King, tennis champion, won 20 Wimbledon titles; first female athlete in any sport to earn \$100,000 (1971)
- **Nov 24, 1921 (1992)** - Yoshiko Uchida, author of more than 30 books dealing with the Japanese-American experience
- **Nov 29, 1832 (1888)** - Louisa May Alcott, author of "Little Women"
- **Nov 30, 1924 (2005)** - **Shirley Chisholm, first African-American Congresswoman, (D-NY) 1969-1983, first woman and first African-American presidential Democratic nominee, receiving 151 delegate votes at the Democratic Convention in 1972**

Happy Birthday

Happy Birthday



2012



2013



BPW TN.org

**November
Greater Nashville
BPW
Membership:**

Susan Jakoblew	1/08
Evon Wood	1/26
Margaret Heath	1/31
Peggy Fite	2/13
Miguel Carrillo	9/29
Sharon Taylor-Carrillo	11/13
Ann Lay	11/15
Naomi Drake	11/25
Pamela Atkins	11/30

The 2012-13 BPW year we will meet at the Watkins College on Rosa Parks Blvd in Metro Center. Meetings and/or Activities will be held every month. Please mark your calendar now and make plans to attend something each month.

BPW Foundation Donations:

Just a reminder that if you do NOT wear your BPW pin AND your name tag to the meeting, we will gladly accept your \$1.00 donation to Foundation (for each)

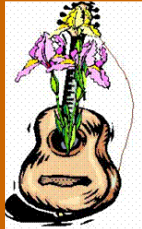
Also, if your phone rings during a meeting we will gladly stop and accept your \$5.00 donation to the Foundation.

Our Foundation Donations goal is \$25.00 per member this 2012-13 year.

Let's continue to support the BPW Foundation which helps women continue their education across the United States.
Thank you.



We are collecting the can pull tabs to donate to the Ronald McDonald House.



Greater Nashville BPW
P.O. Box 70296
Nashville, TN 37207



GrtNashBPW.org